



FAMILY CARE MINISTRIES

ANNUAL REPORT 2023

Family Care Ministries

Family Care Ministries, has a dynamic board of directors, consisting of motivated individuals who have a love and concern for the well-being of all underprivileged people.

EXECUTIVE DIRECTOR



JOSEF BITSCHNAU
FCM Chairman & CEO

FCM Chairman & CEO Humanitarian Aid director, African Mission project manager. 2019 Award Influential Man of the Year. 40 yrs. extensive exp. in charity & mission projects in India, Philippines, Thailand, Austria, Hungary & South Africa.

EXECUTIVE DIRECTORS



MS. HELGA BITSCHNAU

COO / Admin. Director

(ECD Practitioner)
Training Facilitator, assessor & moderator.
FCM Project Manager & Coordinator.



GRACIOUS ZIMBA

Master of Arts in Development Studies.
Bachelors degree in Social Work.
Extensive experience as the National director of FCM Malawi.

NON-EXECUTIVE DIRECTORS



BONISIWE NGUBO

Hon. Degree : Social Sciences & Development.
Corporate Social Investment sector.



CRAIG ABSALOM

(IMM. MKT. Dip. & Cert. Business Coach)
Business Owner, Recruitment, Training & Coaching.
35y Exp. in Motor Industry.



COLLEEN KRIGE

Legal advisor, Information Officer for a listed company.

NON-EXECUTIVE DIRECTORS



GEORGE MICHLO

(BCom. & Dipl. Cost Act.)
CEO Property dev. co. & Dir.
Foreign Trade co. & Honorary Consul : Slovak Republic.



**NDUDUZO
NHLENGETHWA**

(BCom. Honours)
Financial Accountant,
Insurance Industry.



EUNICE GAMBU

Graduate Basic Educ.
Dipl. Business Mgmt.
Cert. Permaculture, Food Proc. & Health.
Fluent in Eng. & 4 African languages.
Extensive exp. in social development & Food security.

ACHIEVEMENTS



Objectives achieved:

- Our ministry to inmates at Kutama Sinthumule Correctional Centre in Makhado, Limpopo, came after 17 years to an end in July this year. Over 2600 inmates graduated from our Bible study courses and found no meaning in life. The Correctional Center has taken over the course and its administration. We have provided all the course material and trained facilitators who are now administering the course.
- Many have been reached through gospel literature that is passed out along with our humanitarian aid.
- Family Care Ministries volunteers continued serving four meals a week in Drieziek Ext 9 and 3 meals a week in Eldorado Park.
- In 2023 we served a total of 145 701 meals. The lines of impoverished kids and elderly grew, and so did our meals served to **185 718** in 2023.
- We continued collecting and delivering foodstuffs and clothing to underprivileged families and child-headed households in Orange Farm, Evaton West and other township areas and informal settlements
- Served a meal every month to 120 elderly in Brixton, Johannesburg
- Ongoing training and support to volunteers and members
- Becoming an affiliate of EDU-BUILD INSTITUTE, *Family Care Ministries* enabled ladies to get their SETA-accredited qualifications as ECD practitioners in 2023.
- Our mission outposts in now nine locations in Malawi continued to conduct outreaches and provided training for pastors and the youth of this impoverished country.

FEEDING SCHEME

A **feeding scheme** serves a crucial purpose in communities, especially for those facing economic challenges



185 718 meals served

➤ **Nutrition and Well-Being:**

Feeding schemes provide nutritious meals to children and vulnerable individuals. These meals contribute to their physical health, emotional well-being, and cognitive development.

For children between **0 and 18 years**, these schemes ensure they receive essential nutrients that are vital for growth and overall health.

Family Care Ministries volunteers faithfully continued the feeding scheme that we initiated in 2020 in:

- **Orange Farm community**
- **Eldorado Park community**
- **Evaton community**
- **Noordgesig community**



Our efforts to provide food and other essentials to those in need resulted in 1708 food parcels that contained various food and hygiene items.

Food parcels serve as a vital lifeline for those facing hunger and economic hardship. Let's explore their significance:

- **Immediate Relief:**
- Food parcels provide **immediate sustenance** to individuals and families in need. They bridge the gap when people lack access to regular meals.
- **Nutritional Support:**
- These parcels are carefully designed to offer a **balanced mix of nutrients**. They include protein, carbohydrates, vitamins, and minerals.
- Nutrient-rich food helps combat malnutrition and supports overall health.



1 708 food parcels distributed



Dignity and Respect:

- Beneficiaries receive food parcels with **dignity and respect**, minimizing stigma.
- Knowing that someone cares about their well-being uplifts their spirits
- By providing food parcels, we build a **stronger, compassionate community**.

FOOD DISTRIBUTION AND COMMUNITY SUPPORT

Family Care Ministries exemplifies the power of community and compassion through its extensive efforts to combat poverty. Their approach goes beyond merely providing meals; they offer a holistic support system that includes essential supplies and emotional nourishment.

Their work not only addresses immediate needs but also fosters a sense of hope and community among the most vulnerable populations.

The assistance includes religious counselling, funeral assistance to the most vulnerable, school fees for orphans and those who are in need, and collection of medicine for the elderly and disabled.



- 58 boxes of Garlic & Ginger
- 317 stationary sets
- 402 crates of assorted foods
- 1708 food parcels
- 120 cans of beans, fish and vegetables
- 900 loaves of bread
- 448kg meat & chicken
- 900 ltr of milk
- 11628 eggs
- 160 kg E-Pap (e'Pap is a pre-cooked porridge mix)
 - **Maize**
 - **Soya**
 - **Sorghum**
 - **Vitamins and minerals** (in a highly absorbable form)
- The result is a nutrient-dense porridge that provides essential nourishment.
- 8 boxes of kids and adult clothes
- school uniforms
- 19 boxes of toys
- 20 boxes of household items
- 150 Bible verse booklets
- 690 pairs of takkies & school shoes
- 2000 Children's devotional & activity booklets
- 1960 of Bibles in various languages
- 65 stationary sets
- Wheel chair
- Blankets

EARLY CHILDHOOD DEVELOPMENT

TRAINING AND WORKSHOPS



As an affiliate of EDU-BUILD INSTITUTE, Family Care Ministries has become a training provider offering SETA- accredited training to caregivers at ECD centres in Orange Farm offering the Early Childhood Development NQF Level 4 Certificate and the NQF Level 5 Diploma in ECD.

The journey of the trainees at Family Care Ministries, affiliated with EDU-BUILD INSTITUTE, is truly inspiring. Achieving the Early Childhood Development NQF Level 4 Certificate and Level 5 Diploma under challenging circumstances is a testament to their dedication and resilience. The delay in graduation for some due to financial constraints is a reminder of the barriers that exist in education. However, the pride and joy evident in the graduates upon receiving their qualifications highlight the transformative power of education and the profound impact it has on individuals and communities.

OUTREACH

While sharing the Gospel one-on-one is most effective, the chairman also continued to use social media platforms such as Facebook and WhatsApp.

120,500 text messages spread God's Word and counsel and encourage others to find or cling to their faith in Jesus. Through these avenues, the Lord has helped us to change the world one heart at a time.



Here are some reactions:

- *We love you for your good heart and you inspire a lot of people. May you always feel loved. Sending lots of blessings your way with good health, love and peace. Mirriam*
- *May the good Lord continue to use you in our lives I'm thankful for this message indeed may the Lord help us to love the unlovable' s, Zinhle*
- *Good morning Pastor Joseph. Do you know that you changed my life a lot because of the word I learn from you daily. Thank you for today's scripture Pastor and have a blessed day today Man of God. – Tendai*
- *Your prayer means a lot. Going through difficult times and yes I'm definitely more plugged into the world than the word of God, I'm not proud of it, but it's the truth. I do appreciate this today. -Sonette*

There are many more but we just wanted to put a few here to show that the Lord's love is powerful. It lifts, it encourages, and it transforms and changes people.

PRISON MINISTRY

The transition of the prison course's facilitation and management to the chaplains at Kutama Sinthumule Correctional Centre is. The successful completion of the basic course by 84 inmates in 2023 is a test and a significant milestone, marking the culmination of 17 years of dedicated service to the program's impact. The metaphorical seeds that have been planted through this educational initiative hold the promise of yielding positive change, not only in the lives of these individuals but also in the broader community.

- *Thank you for the book you sent. It helped me to see and value life differently. Now it is more clear that without Jesus I am nothing. Being challenged to be an honest and true Christian made me want to change to His ways of doing things. It strengthened my personal belief. I lost hope thinking that being in prison is the end of the world or my life. But since the day I put Jesus as my Saviour and my Guide everything about me changed. - Raubase*

MALAWI WORK

Will you join me for a moment to appreciate how collectively we have accomplished so much during this tough and challenging period? It has never been clearer how central FCM is to supporting vulnerable people, bringing light to our lives, and standing up for what we believe in.

We believe every important idea for changing the world with loving deeds has been initiated and led by ministries like FCM, including:

Discipleship

We registered over 120 students across the country in the year 2023. On average, we offer 122 classes monthly. Over 80% of the disciples have their students who haven't been captured and shared in this report.

Most of our students are also church leaders or pastors and their churches have over 100 members. This means that every week, through them, FCM reaches thousands of people with the good news of Christ.

Tract distribution and personal witnessing

We have approximately reached over 10000 people this year with the good news through our networking system – sharing of tracts and classes. Every month, over 100 people receive Jesus as their Lord and Saviour through our members. We distributed over 15000 gospel literature

Disaster relief aid

Disasters cause physical, emotional, and economic harm to people and communities. As such, FCM joined many humanitarian organizations in providing aid relief. Through the FCM regional chairperson Mr. Josef Bitschnau, FCM Malawi assisted more than 70 families.



A gasoline water pump ready for distribution



Delivered and now testing one of the water pumps in Chikwawa district



Jubilation after the water pump with 5m Suction and a 100m outlet pipe works.

THANK YOU

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Bank Details:

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