



FAMILY CARE MINISTRIES

ANNUAL REPORT 2021 - 2022

ACHIEVEMENTS

Objectives achieved:

- Our ministry to inmates at Kutama Sinthumule Correctional Centre in Makhado, Limpopo, continued with little interruptions. 165 inmates graduated from our Bible study course by December 2021.
- Many have been reached through gospel literature that is passed out along with our humanitarian aid.
- Family Care Ministries volunteers continued serving three meals a week in Drieziek Ext 9.
- Family Care Ministries volunteers continued serving 3 meals a week in Eldorado Park.
- While we served a total of over 65,000 meals in 2020 we increased meals served to 133 644 in 2021. The construction of a new kitchen and storeroom in Orange Farm are in the final stages to further build capacity.
- We continued to assist several individuals who distribute donations of foods, clothing and shoes for the underprivileged in Noordgesig, Orange Farm, Evaton West, and Diepsloot.
- We collected donations of food items and raised the needed finances to put together 688 food parcels. In addition, our volunteers distributed boxes of clothes, shoes, toys and children's books, cleaning supplies, household goods and stationary items.
- Volunteers used all means available to communicate and discuss needs and projects. Some of our friends and supporters joined in on some of the activities.
- During these desperate, challenging and trying times, offering encouragement, prayer and counsel has been more appreciated and needed than ever. *Family Care Ministries* volunteers used emails, SMS's, Whats App messages, our Facebook page and our website to spread hope to a greater extent.
- Becoming an affiliate of EDU-BUILD INSTITUTE, *Family Care Ministries* enabled 5 ladies to get their SETA accredited qualifications as ECD practitioners in 2021.
- Our mission outposts in now nine locations in Malawi continued to conduct outreaches and provided training for pastors and for the youth of this impoverished country.

Help for the Needy

We are very grateful for *Family Care Ministries'* caring and compassionate supporters and for our dedicated volunteers who continued to stand by us this year. We feel honored to work with people who look past their own needs to care for others.

Despite the hardships many businesses and individuals face in their own lives and thanks to our friends' concern for the poor, we managed to raise the money needed to buy the thousands of kilograms of rice, potatoes, maize, samp, soya mince and other protein, vegetables and fruits. This enabled us to cook and serve 133 644 meals this year. *Family Care Ministries* prioritises the care of the vulnerable.

Therefore, we aim to make a difference in the lives of youngsters in child-headed households, the elderly and other needy families through our various programmes.

Feeding Schemes

Family Care Ministries volunteers kept the feeding scheme we had started in 2020 going. We serve wholesome meals three times a week in Orange Farm and Eldorado Park.



FOOD PARCELS

Family Care Ministries continued serving a wholesome meal three times a week in Drieziek Ext 9, Orange Farm. In addition, our volunteers also visit the elderly in their homes to help clean, cook meals or collect medication at the clinic on their behalf when needed.

Most of the weekly food donations we received from a supermarket were delivered to the Boys Brigade in Noordgesig, Soweto. The couples serving the children and families in this community continue to help children to the best of their ability.

In addition to the aforementioned, Family Care Ministries kept up the monthly feeding program to 120 elderly in the Brixton area. Whenever it was possible, we passed out one or two pieces of fruit, tea and sugar, or other food items along with the meal.

We were able to keep up the weekly distribution of 300 loaves of bread. Milk and eggs were distributed on a biweekly or monthly basis. 40 households received regular food assistance in Orange Farm and Evaton West alone. Whenever available we handed out shoes, clothing and any household items we were given.

A few of our friends continued to join our volunteers ministering to disadvantaged families and orphan households whenever their time permitted. The counsel, prayer and encouragement offered is as helpful as the food received.

688 food parcels distributed

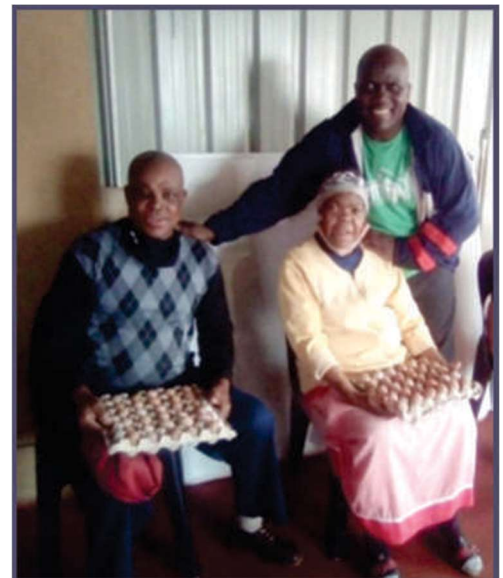


OTHER FOOD DISTRIBUTION

In addition to all the thousands of kilograms of maize, rice, potatoes, vegetables and beans, soya mince or meat that go into preparing 133,212 meals, *Family Care Ministries* volunteers distributed this year:

- 491 crates of assorted foods
- 932 cans of beans, fish and vegetables
- 12,630 loaves of bread
- 330 kg meat
- 1,200 l of milk
- 17,070 eggs
- 5,080 kg of liquid eggs (egg pulp)
- 120 kg E-Pap
- 9 boxes of vitamins
- A bakkie load of juice and soft drinks
- 37 bags of clothes
- 7 bags of shoes
- 9 boxes of toys and children's books
- 801 items of cleaning supplies
- 4 boxes of household items

- 35 boxes of Bibles in various languages
- 65 stationary sets



EARLY CHILDHOOD DEVELOPMENT TRAINING AND WORKSHOPS



As an affiliate of EDU-BUILD INSTITUTE, *Family Care Ministries* has become a training provider offering SETA-accredited training to care givers at ECD centres in Orange Farm offering the Early Childhood Development NQF Level 4 Certificate and the Level 5 Diploma in ECD. At the beginning of 2021 six ladies enrolled in the Level 4 certificate course and another seven in our Level 5 diploma course. By December five ladies had completed the 1-year ECD Certificate qualification while the others continue with their studies.

OUTREACH

We continued our support to ECD centres in the Orange Farm area by distributing used toys, books, water filters, First Aid kits and office and stationary supplies to a number of preschools in Orange Farm.

The donations of 12 boxes of paper were used to print 20,480 gospel tracts and 1,500 Bible Verse booklets, and over **36,064** pages of Bible study course material in three languages. Aside from what was printed in house, we also distributed other Christian magazines and devotional and motivational booklets.

- 1) While sharing the Gospel one-on-one is most effective, the chairman also continued to use social media platforms such as Facebook and Whats App. 12,500 messages went out via Whats App and by email to spread God's Word and to counsel and encourage others to find or cling to their faith in Jesus. Through these avenues the Lord has helped us to change the world one heart at a time.



- 2) *There are many more but we just wanted to put a few hereto show that the Lord's love is powerful. It lifts, it encourages, and it transforms and changes people.*

PRISON MINISTRY

Our ministry to inmates at Kutama Sinthumule Correctional Centre in Makhado, Limpopo, continued uninterrupted for the most part of the year. We managed to facilitate our Bible study courses at full capacity again. 194 inmates participated in the courses we offer. By December 165 inmates graduated from our basic course, 2 inmates graduated from our advanced course, while 18 others carry on with their studies into the new year.

We can clearly see that lives are changing through the lessons and teaching. Here are some responses that we got from inmates:

Francis: *I was one of those people who had no intension in listening to the word of God. I was forced by liking a certificate so I had to attend and listen. When I heard that God's word is like a seed planted in the ground of our heart, I found myself wanting to be the good soil where the word of God can grow well. Learning about the principles as in the parable of the sower helped me very much. I understand that the Lord expects us to do things God's way. We must stop trying everything else except taking God's Word and putting faith in it and giving it time to grow in our lives. Now I am a Christian which was made possible by the course.*

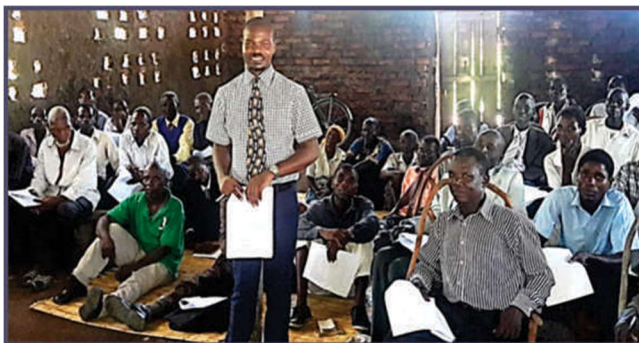
Venus: *This course has strengthened my faith as more information has been revealed to me and it helped me to know that God is not far away from us if we commit our lives unto Him. I have learned that faith without deeds latching on is useless. We must put the word of God into manifestation. We must obey and do the will of God at all times. We must pray and give praise to God.*

Phillemon: *Mark 4:20 "But those that were sown on the good soil are the ones who hear the word and accept it and bear fruit, thirtyfold and sixty fold and a hundredfold." This verse taught me that if I want good things, I must do good. It helped me to see things in other ways. I used to think that I live by my own power and wisdom. Now I see I must change my life and rebuild my belief and trust in God again, know that God is always with me all the time, reconnect with God and hear the word of God and put it to practice. I must not just hear it and let it go and also share the word of God with others.*

MALAWI WORK

In Malawi, *Family Care Ministries* members celebrated over 2,000 known faith decisions to Jesus Christ. They are going from strength to strength as they continue to minister, equip and empower people to reach all parts of the country and beyond. In 2021 *Family Care Ministries* distributed more than 530 Chichewa and 120 Swahili New Testament Bibles, 600 Swahili Gospel of John booklets, 4,000 Key Bible Verse booklets in the Chichewa and Tumbuka languages, and more than 10,000 tracts.

In the 9 centres across Malawi we had more than 600 pastors and other interested individuals as part-time students and 100 as full time students.



Family Care Ministries youth and kids ministry continues particularly in Zomba. Blessings, one of the students, is keen to lead and train young ones in prayer and Bible studies. Where resources allow, he takes kids out to help either the elderly, homeless and or the disadvantaged. He also holds Bible verse memorisation competitions for the youths of the whole Zomba district. So far, this ministry has impacted the young people's behaviour positively with many testimonies from the children's parents and the community.

DESCRIPTION OF HOW BENEFICIARIES BENEFITED FROM PROGRAMMES AND PROJECTS

Prison Ministry A total of 194 students participated in our Bible Study courses which focus on helping inmates learn the steps they need to follow to bring about change in their lives. Thousands of pages of class materials were printed and 32 booklets were mailed to the students. Many of these are passed to family members and friends.

Helping those in need Approximately 727 orphans, elderly & needy households benefitted from regular food aid throughout the year. 1,450 families benefitted from the 12,630 loaves of bread we distributed, 3,414 families from the 17,070 eggs and 100 families benefit from the crates of fresh fruits we distribute. The donated items were distributed in a number of places - Noordgesig in Soweto, Eldorado Park, Evaton West, Orange Farm, and Diepsloot.

Training In total 16 students have enrolled in our SETA accredited ECD Level 4 training for principals, practitioners and those interested in working in the field of early childhood development. The training and resource material we use will benefit the many children caregivers are responsible for and impact their future learning potential.

Emails and SMS's *Family Care Ministries* is in regular contact with people by emails or over Facebook and WhatsApp. The aim is to inspire, encourage, and uplift and to offer people godly counsel. We reach 15,000 people with WhatsApp messages, 3,000 over Facebook, and 500 through emails.

THANK YOU

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